

The Emmanuel Epistle

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Interim Rector: Mo. Lyn Crow

Office Hours: Monday-Friday 9 am-1 pm
Sunday Worship Services 8:15 am & 10 am Tuesday Eucharist 11 am Wednesday Eucharist 7 am

We Know What To Do

It's all too much!

I feel disoriented and disconnected.

I sometimes feel like an outcast at church

These are challenging times. In a recent Pew poll 7 of 10 people said they felt worn out by the amount of news there is these days. But are we listening to and reading real news or fake news?

- Are gun laws going to protect our children from the fear of being killed at school or are they an infringement of our second amendment rights?
- Are we destroying our environment by eliminating environmental protection laws or saving our businesses and our jobs?
- Do we have a leader who does not know how to tell the truth or a leader with a quirky personality?
- Is it a good thing that the World Order as it has been since WWII is being "redesigned" or is it a betrayal of friendships with our allies?
- Is making friends with the leaders of totalitarian governments a step towards world unity and nuclear deterrence or is it selling our souls to the devil?
- Is taking babies from their mothers at the border a necessary deterrent and protection from terrorism, or an immoral act that betrays our Lord's command to welcome the stranger?
- If you have a different answer to these questions than I do, are you my friend or my enemy?

These are confusing times. The temptation is to allow ourselves to go numb and turn away. To click off. To ask Calgon to take us away. But there is another way to deal with this. We have been preparing for times just like these. All of our work learning

the spiritual disciplines was preparation for times just like these. Learning to walk the labyrinth, pray the rosary, practice centering prayer, lectio divina, and intercessory prayer, were all ways we were readying ourselves for times just like these. When we feel pulled this way and that by every news item and Presidential tweet, it is time to come home to that interior space where God dwells, that space we are led to when we use the spiritual tools we have learned. It is the only place we can find true peace and harmony. True peace can only be found in the heart of God.

In the 4th chapter of the Letter to the Ephesians, the author writes about unity in the Body of Christ. "There is one Body and one Spirit," he says. "We must no longer be children tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. (Ephesians 4:14)...Speak the truth in love, be kind to one another, tenderhearted, forgiving," he adds. There is only one place we can find that love, that tenderheartedness, that kindness, that ability to forgive one another. There is only one place we can find unity in the Body of Christ. As long as we look for unity, peace and harmony "out there" in the world, we will find ourselves feeling alienated, disconnected, and outcast. Because the unity we long for cannot be found "out there." The place of true unity can only be found in the One who is at the heart of all that is.

The good news is that we know what to do! As the new song we learned during Lent says..."Come Home Running." Come back to our spiritual home. There we will find the place of peace and centeredness. And then from that place of centeredness in Love, we will find that unity with one another that is deeper than any issue or tweet. And if we all live from that place of love and centeredness, we are more likely to find a way to compromise, to respect one another's dignity, to listen to one another, to find the middle way, to be united rather than divided. We know what to do. We need to use whatever prayer works for us. We need to use whatever spiritual tool helps us to find our way home to God, to that place of unity. We know what to do. So as the Nike slogan says..."Just Do It!"

With great love and affection for you,

Mo. Lyn+

Mo. Lyn's Anglican Corner

What is the Official Stance of the Episcopal Church on Social Justice?

The Episcopal Church believes that our call to social justice is rooted in the promises we make in the baptismal covenant. This was addressed at length during General Convention in 2015. The following promises taken from the Baptismal Covenant, found beginning on page 304 of the Book of Common Prayer, challenge us to think

about how we respond to the needs of the world in light of those promises.

Promise #1 - We will persevere in resisting evil and whenever we fall into sin, repent and return to the Lord.

Question in response to Promise #1 – What have we done and left undone in the world and in our lives regarding the evils of poverty, injustice, and discrimination?

Promise #2 – We will proclaim by word and example the Good News of God in Christ.

Question in response to Promise #2 – How can we publicly acknowledge things done and left undone? What behaviors and commitments foster the healing of poverty, injustice, and discrimination?

Promise #3 – We will seek and serve Christ in all persons, loving our neighbors as ourselves.

Question in response to Promise #3 – How can we grow as reconcilers, healers, and justice bearers? How do we actively grow relationships across dividing walls and seek Christ in the other?

Promise #4 – We will strive for justice and peace among all people and respect the dignity of every human being.

Question in response to Promise #4 – What institutions and systems are broken? How will we participate in the repair, restoration, and healing of people, institutions and systems?

If we are to fulfill the promises we make each time we recite the Baptismal Covenant, then we must look at the ways in which we have contributed to poverty, injustice, and discrimination in our own lives and in the world. And then in response to those promises, we must find ways to keep those commitments we have made to God.

For more information, see [The Episcopal Church's Long Term Commitment to Racial Healing, Reconciliation, and Justice](#).



A Few Words from Your Treasurer

Our Operating Fund ran in the red in May but only by \$1,225. On a year to date basis, the Operating Fund is just over \$7,000 in the red. We're better off than we were at the same point last year but at the same time our Operating Fund income is down by \$7,000 and we're about \$5,000 over budget on our expenses.

Summer is always a challenging time for us financially so please pray. (I don't want to wear out my knee pads!)

With much gratitude!
Dave Dunlap, Treasurer

Profile & Search Update

Rev. Joanna Satorius, Canon of Formation and Transitional Ministry for the LA Diocese, officially approved our Parish Profile and OTM Community form on June 9, 2018, so the search for our new Rector has officially begun. The search will be limited to the Dioceses located in California and Arizona although priests from outside that area are welcome to also apply. Once the Diocese believes that they have gathered the names of all those who are interested, they will pass the list of qualified candidates over to our Search Committee for consideration.

If you'd like to take a look at the finished Profile you can view it on our website at: <https://www.emmanuelfullerton.org/assets/pdfs/EmmanuelFullertonProfile2018.pdf> (There's also a link to it near the top of the home page.)

If you have questions about the Search please contact our Senior Warden, Ted Jones, or one of the Search Committee co-chairs – Loren Maxwell or Rev. Kathy MacKenzie.

Blessings,
Dave Dunlap, Profile Committee Co-chair
Nancy Kent, Profile Committee Co-chair

The Growing Connection

The First Tomatoes -We have been picking the first tomatoes of the season for about three weeks. They are from a wonderful plant that decided it wanted to grow right on top of one of the plants in the CA Native Garden between the fence and the parking lot. This is a volunteer plant with tomatoes about twice the size of a cherry tomato. For lack of a better term I have been calling them salad tomatoes - they are very tasty, and not acidic. By the time we discovered the plant, it must have had a couple hundred green tomatoes on it. As of today, June 17, we have picked somewhere between 20 and 30 pounds of fruit. I think the most interesting thing about all of this is that last year there was a volunteer plant the came up by the compost bins. It was not in the way of anything, so I let it grow. It was a beautiful plant, had a few flowers but never produced a single tomato. Now here it is the next year and a volunteer plant is producing its head off. The mystery of gardening.

Tai Chi, Anyone? A member of our wine guild, Ed, is a Tai Chi instructor and we have been talking about offering a class once a week under the Pergola. If you would be interested in such a class, please let me know. The days we are talking about are Tuesday or Thursday at 8:30 in the morning.

Blessings and Happy Growing,
Lorra and Gordon

**The Mountain
By Carolina**

The Mountain was there.
I didn't know it stood over me.
I played in its shadow.
I cried in its shadow.
Loneliness grew large in its shadow.
I looked for comfort and love.
I looked for belonging.

Loneliness molded itself into Fear.
Fear wielded the course of my life.
It is a frightful companion
For fear bonds with pain.

The Mountain still loomed over me
Watching me, waiting patiently for
me
To step out of the darkness of the
shadow.

Fear and pain remained vigilant in
my life.
They consumed my days and nights
Feeding on my mind and body like
voracious wolves
With the single goal...to devour my
heart and soul.
Pain grew to despair.
Living became a burden and a trap I
wanted to escape from.

Then Anna came into my life holding
a small radiant candle.
The candle illuminated a face full of
surety and love.
It was Anna who told me about the
Mountain.
She passed her candle to me and
encouraged me
Turn around and hold the candle up
to the Mountain's greatness and
beauty.

As I did
A steady stream of light from the
candle
Cut through the dark shadows
I saw the Mountain's vast base, an
armor against all fears and pain.

As Anna nudged me gently to start
my climb, she whispered:
Hold the candle close to you. Don't
let it go out.
The light will grow brighter as you
climb higher.

The Path you choose to take will be
arduous.
You will see others on their chosen
Paths.
Their presence will encourage you to
take your next step.
We are all on a journey to the top.
We are on different paths.
Many of us are wearing different
boots.
But our one goal is the summit.

Gentle slopes will give way to craggy
rims.
When we face steep inclines,
We keep our candles close and
protect the light.
The sheer rock surfaces will keep us
alert
And we will be all the stronger
As we confront their challenges.

The shadows are far below us.
We have nothing to fear for we have
found
The Mountain.

JULY 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Virtual Labyrinth w/Adv. reserv. 8:15 AM Eucharist 10:00 AM Eucharist 1:00 PM Church on the Rock	2 5:00 AM Church on the Rock	3 5:00 AM Church on the Rock 10:00 AM Prayer/Study 11:00 AM Eucharist 3:30 PM Girl Scouts troop 1999 7:00 PM Overeaters Anonymous 7:00 PM Visibility Committee	4 Office Closed for 4th of July Holiday	5 5:00 AM Church on the Rock	6 5:00 AM Church on the Rock 8:00 PM Church on the Rock	7 5:00 AM Church on the Rock 9:00 AM Men's Bible Study 4:00 PM Nicotine Anonymous
8 8:15 AM Eucharist 10:00 AM Eucharist 1:00 PM Church on the Rock 6:00 PM Lomheim Home group	9 5:00 AM Church on the Rock	10 5:00 AM Church on the Rock 10:00 AM Prayer/Study 11:00 AM Eucharist 6:00 PM Girl Scout Leaders 7:00 PM Overeaters Anonymous	11 5:00 AM Church on the Rock 7:00 AM Eucharist	12 5:00 AM Church on the Rock 6:30 PM Early Birds	13 5:00 AM Church on the Rock 6:30 PM Emmanuel Book Club 8:00 PM Church on the Rock	14 5:00 AM Church on the Rock 9:00 AM Men's Bible Study 4:00 PM Nicotine Anonymous
15 Virtual Labyrinth w/Adv. reserv. 8:15 AM Eucharist 10:00 AM Eucharist 1:00 PM Church on the Rock	16 5:00 AM Church on the Rock	17 5:00 AM Church on the Rock 10:00 AM Prayer/Study 11:00 AM Eucharist 3:30 PM Girl Scouts troop 1999 7:00 PM Overeaters Anonymous	18 5:00 AM Church on the Rock 7:00 AM Eucharist 7:00 PM Finance 7:30 PM Vestry	19 5:00 AM Church on the Rock	20 5:00 AM Church on the Rock 8:00 PM Church on the Rock	21 5:00 AM Church on the Rock 8:30 AM Garden "Bless Day" 9:00 AM Men's Bible Study 9:00 AM Plant Sale 4:00 PM Nicotine Anonymous
22 8:15 AM Eucharist 10:00 AM Eucharist 1:00 PM Church on the Rock	23 5:00 AM Church on the Rock	24 5:00 AM Church on the Rock 10:00 AM Prayer/Study 11:00 AM Eucharist 7:00 PM Overeaters Anonymous	25 5:00 AM Church on the Rock 7:00 AM Eucharist	26 5:00 AM Church on the Rock	27 5:00 AM Church on the Rock 6:30 PM Movie night 8:00 PM Church on the Rock	28 5:00 AM Church on the Rock 9:00 AM Men's Bible Study 4:00 PM Nicotine Anonymous
29 8:15 AM Eucharist 10:00 AM Eucharist 1:00 PM Church on the Rock	30 5:00 AM Church on the Rock	31 5:00 AM Church on the Rock 10:00 AM Prayer/Study 11:00 AM Eucharist 3:30 PM Girl Scouts troop 1999 7:00 PM Overeaters Anonymous				

This Month's Happenings

In addition to the usual services, here are more opportunities to gather together:

Tuesdays	Prayer Group, Bible Study, Eucharist	10am
Wednesdays	Eucharist and breakfast	7am
Saturdays	Men's Bible Study	9 am
7/3	Visibility Committee	6 pm
7/4	Independence Day – OFFICE CLOSED	
7/12	Early Birds	6:30 pm
7/13	Emmanuel Book Club	6:30 pm
7/21	Emmanuel Community Garden Plant Sale	9am-noon
7/27	Movie Night	6:30 pm

RETURN SERVICE REQUESTED
DATED MATERIAL

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