



# *The Emmanuel Epistle*

*Learn, Love, Serve*

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*Sunday Worship Service 10 am on Zoom*

## ***No Time to Waste***

I have never been able to keep a plant alive. Ever. Afraid that if I invested in plants, I'd kill them, so why even try?

But then in 2016 Fr. Jaime from St. Stephen's gave me an orchid with bamboo, the kind you get at Trader Joe's, as a present and don't you know, I have kept that thing alive for 4 years. I know! I can't believe it myself. Not only have I kept it alive but it's bloomed again and again over the years. Then I received another one, and another, and another. I've been able to keep those alive also. And they have bloomed again since the first time I received them. Then I decided repot my dying Aloe Vera plants and bought other plants; a Dragon Tree, and a Caladium. Then I inherited 3 plants from Kathy Eppick before she left for San Jose. I repotted them, trimmed their leaves, watered them and put them where they could get some light, and new leaves are budding every day.

It turns out that plants thrive when they are cared for, paid attention to, loved. When they get all of the water and light they need, they thrive. It seems like a small thing, to make a commitment to keep a plant alive, but part of me didn't believe I could do it. Until I went out on a limb (pun intended) and bought those first two plants.

Time, commitment, compassion, love, intentionality, willingness, risk. This is what our world needs, and what we need. Time to give and receive care and attention and the commitment to follow through caring for ourselves, our earth and others. Moving through our world, with compassion and love, with eyes that see and recognize God's creative genius in every living

thing. Taking chances to try our hand at new things, meeting new people, going to new places, doing something we've never done but have always wanted to, keeping social distancing in mind and always wearing a mask, of course!

We've been relegated to our homes these last 6 months but even within the confines of quarantine we can imagine doing one thing that makes our heart beat a little faster, scares us a little bit, but brings a smile to our face if we think about doing that thing. If there's something you've wanted to do, something you've wanted to try, or somewhere you've wanted to go, I hope you won't wait too long. We are reminded every day that life is precious, every breath a gift. There is no time to waste.

Blessings and Love, Rev. Holly+



### ***An Important Message from Your Treasurer***

Our Operating Fund had a deficit in August of \$3,320.91. Year to Date, donations to the Operating Fund (General Tithes and Offerings) are up about \$10,000 over last year (\$155,701 vs. \$145,899) which is very encouraging.

We very much appreciate your continued prayers and financial support during this challenging time. Please continue to donate by sending checks to my attention at the church, or by using our eGiving portal which you can access through the Donate button on the homepage of our website - <https://www.emmanuelfullerton.org/>. When you reach the eGiving site if you're on your phone or other mobile device please click the [View Mobile Site](#) link to be redirected to the mobile friendly version. If you have any questions please reach out to me and I'll be happy to help.

Blessings!

Dave Dunlap, Treasurer  
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### ***Why Emmanuel? Sharing Our Stories***

In 1991 I met my then future husband, Jeffrey Gurzi, shortly after I moved to Southern California from Northern California. We were engaged to be married pretty quickly. As I was

going to be a transplant bride, we decided it would be best to have a wedding in a place we both loved, Lake Tahoe. I didn't belong to a church at the time, nor did I really belong to a religion. The moment we walked into St. John's in the Wilderness Episcopal Church in Lake Tahoe, we both knew it was perfect. We met with the Deacon there and made the arrangements for our wedding on the spot. When we came home to Fullerton, we looked in the yellow pages to find an Episcopal Church here for our premarital counseling.

Much like the instant 'rightness' I felt when we stepped into St. John's, I was immediately filled with the warmth of homecoming the first time we came to Emmanuel Episcopal Church. I know that sounds corny, but it is true. Father Paul's sermon, the music, the community and just the informal formality of it all was perfect. Not having much of a base of knowledge in Christianity, I was at first nervous but was quickly put at ease by the incredible warmth all around us. We met with Father Rob for our counseling and he told us more about what a wonderful and unique community Emmanuel is. It was exactly what I did not know I was searching for. It was such a warm and wonderful community that I fell in love with it all. I came to the Tuesday morning groups, first bringing my son Devon when he was born, then bringing Delaina when she came along two years later. I still have such fond memories of sitting in a circle those Tuesday mornings with my kids just crawling around and exploring.

Emmanuel was perfect for our new family. Father Paul baptized Devon, and then Father Rob baptized Delaina. The kids attended preschool here, and also Sunday school with Beth. Jeffrey and I had a painting company, and Jeffrey would stop by periodically and meet with Father Rob and they would talk about what needed to be done. It was always our way to pay back the enormous gift of the loving community at Emmanuel.

I have been through a lot, but the Emmanuel community has always been there. I met with Father Rob and then Mother Lyn when I was having a difficult time with my marriage and then divorce. And then the love and support when Jeffrey passed away was crucial to helping my family cope. And now Rev Holly is helping me with another challenging time in my life. I am so thankful for the Monday night Bible Study and all that she gently nudges us to do. This exciting new phase Emmanuel is heading into with Rev Holly is amazing. It has sparked the same 'rightness' that I felt when I first sat with my young family and listened to Father Paul. He once said how happy he was to hear babies crying and how welcome we were (Devon was a very fussy baby!), "we all don't have to be perfect, we just have to be here". I will never forget that moment.

God Bless Emmanuel and thank you.

## ***The Growing Connection***

**October 2020**

*"We may think that we are tending our garden, but of course, in many different ways, it is the garden and the plants that are nurturing us."* **Jenny Uglow**

I am so grateful to be back in the garden. I look forward to going every week. Just to see how things have grown. We try to go at least once a week, usually on Thursday mornings. Gordon often goes at other times also. I am amazed at how much compost we are making. Thank you to all who are bringing their kitchen scraps and to those who are doing the hard work of 'turning'. Tim, you have worked magic in our compost bins.

Gordon is still harvesting cucumbers. He has harvested beets twice and cooking the leaves into greens like you would Swiss chard. He eats the beets in a sandwich with mayonnaise. I haven't tried it yet, but I suspect I shall soon. I planted French breakfast radishes. I planted them thickly; I wasn't sure they would grow because the seeds were 3 years old, but I think every seed grew. They are a rather long radish with a red top and white bottom. I am impressed with them. They have not gotten hot and peppery or woody. The French eat them for 'breakfast' on good buttered French bread and sprinkled with salt. I can't say they are my favorite breakfast food yet, but I am getting used to it. The fava beans are in flower - it should be a good crop. Remember the green beans I covered with the empty wire baskets; they have recovered nicely. So well in fact, that I was not fast enough in taking one of them off, so it will be spending some more time in the garden. The bean grew through it.

It is time to get ready to plant fall crops, so I am providing you with a list of things you can begin planting now. To get a better crop, remember to put fertilizer on your beds before you plant.

Asparagus – January, February	Beets – all year	Broccoli
Brussel Sprouts	Cabbage – October thru March	
Carrots – all year	Cauliflower	Celery
Chives	Collard Greens	Endive
Fava Beans	Kale	Kohl Rabi
Leeks	Lettuce	Mustard
Onions	Parsley	Parsnips
Peas	Radishes	Rutabaga
Spinach	Swiss Chard – all year	Turnips

Blessings and Happy Growing,  
Lorra and Gordon

## ***Vineyard Update***

Gordon Dickinson

All is looking well. We harvested the grapes, including the diseased ones, bright and early Saturday morning September 5th. Again, thank all who got up so early to help. The destemmer/grape cutter worked well and the harvesting was all “done and dusted” by 9.00AM.

Once in my garage at home, I sterilized the grapes with sulfite to kill the natural yeasts, a simple process taking 24 hours. Then on Sunday morning I added the wine yeast I had stored in my fridge since last year. My biggest problem was keeping the temperature of the “must” down. Remember that weekend we were experiencing temperatures over 100°F and yeast dies at temperatures over 95°F. So, what I did was find an old cooling fan, pointed it at the container and covered the container with a wet bath towel. Every 6 hours or so, I soaked the towel, and by doing so, the must temperature stayed below 90°F. Phew!!!

Twice a day the “must” has to be stirred and pushed back into the grape juice. What happens is the carbon dioxide formed in the fermentation process pushes the grape skins upwards and forms a crust. This crust has to be broken up to prevent it from picking up molds. For every bubble of carbon dioxide made, the same weight of alcohol is produced. The alcohol now forming in the must kills any mold spores, thus preventing the finished wine from having an “off” taste.

This first fermentation process is called aerobic, which means that the must is fermenting in an atmosphere with oxygen present. Once the must has reached a level of alcohol approximately halfway to whatever alcohol percentage is wanted, it is squeezed in the wine press. The juice is then poured into a carboy, which when full, is sealed with a water trap. All the air is removed from the carboy by the ever-producing carbon dioxide, which escapes via the water trap. This second stage of fermentation is called anaerobic because there is no oxygen present. Also, because there is no oxygen in the carboy no living thing can exist, so this fermentation kills off all the bugs etc. -- a very cheap but efficient way of sterilization.

So, this is where we are today. We have about 6 gallons of wine in the making, the same as last year. I tasted it when it had 50% of the sugar still left. Yes, at this stage in the process it's a little sweet, but the color is good and so are the background flavors. The anaerobic fermentation will continue for the next few months, gradually tapering off once the alcohol percentage gets to 14-15% which is where I think this wine will finish up.

The next step will be to rack the wine once or twice, about three months apart, depending on how much sediment is produced. Then our wine will be ready for bottling and drinking – the 2020 vintage.

## October 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3 9:00 AM Men's Bible Study on Zoom
4 10:00 AM Online Service- Zoom and Facebook	5 7:00 PM Evening Bible Study on Zoom	6 10:00 AM Women's Bible Study on Zoom	7 7:00 PM Taizé Service	8 5:00 PM Early Birds Cocktail Hour on Zoom	9	10 9:00 AM Men's Bible Study on Zoom
11 10:00 AM Online Service- Zoom and Facebook	12 7:00 PM Evening Bible Study on Zoom	13 10:00 AM Women's Bible Study on Zoom	14	15	16	17 9:00 AM Men's Bible Study on Zoom 9:00 AM Socially Distanced Plant Sale (Tentative)
18 10:00 AM Online Service- Zoom and Facebook	19 7:00 PM Evening Bible Study on Zoom	20 10:00 AM Women's Bible Study on Zoom	21 6:30 PM Vestry on Zoom	22	23 6:30 PM Movie night	24 9:00 AM Men's Bible Study on Zoom
25 10:00 AM Online Service- Zoom and Facebook	26 7:00 PM Evening Bible Study on Zoom	27 10:00 AM Women's Bible Study on Zoom	28	29	30	31 9:00 AM Men's Bible Study on Zoom

## This Month's Happenings

All in-person events have been cancelled until further notice.

Mondays at 7 p.m.  
Tuesdays at 10 a.m.  
Saturdays at 9 a.m.

Evening Bible Study on Zoom  
Women's Bible Study on Zoom  
Men's Bible Study on Zoom

Wednesday, October 7, 7pm  
Thursday, October 8, 5 pm  
Friday, October 23, 6:30 pm

Taizé on Zoom  
Early Birds Cocktail Hour on Zoom  
Movie Night on Zoom

**Emmanuel Episcopal Church**  
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